Quarterly Progress Update

Sy Atezaz Saeed, MD, MS, FACPsych,
Executive Director
North Carolina Statewide Telepsychiatry Program (NC-STeP)
Professor and Chair Emeritus
Department of Psychiatry and Behavioral Medicine
Brody School of Medicine - East Carolina University
NC-SteP Advisory Council Meeting  
Wednesday, March 1, 2023  
10:30 am – 12:00 pm  
Virtual Meeting via Zoom Video Conference

Agenda

10:30- 10:40 a.m.  Welcome and Introductions
10:40- 10:45 a.m.  Review and Approval of December 14, 2022 Minutes
10:45- 11:45 a.m.  NC-SteP FY23-Q2 (Oct-Dec) Performance Data
11:45- 11:50 a.m.  Old Business
11:50- 11:55 a.m.  New Business
11:55- 12:00 p.m.  Announcements
  - NC-SteP Pediatric Program launch
  - Vermont/NC-SteP Collaboration
  - NC-SteP Presentations at the Annual Meetings of ATA and APA
  - MOTHERs Project update and presentation at the NC Rural Summit
12:00 p.m.  Adjourn

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Join Zoom Meeting  
https://us06web.zoom.us/j/86993351235?pwd=NXk0a0hSTGV3QTFmUFVJeVZybnN5Zz09  
Meeting ID: 869 9335 1235  
Passcode: 198610
• 38 hospitals in the network, 37 hospitals were live
• 26 hospitals reporting Telepsychiatry patients in their ED
  – not all live hospitals had telepsychiatry patients
• Total number of assessments for this quarter = 1,214
• Total number of encounters for this quarter = 1,114
• Patient assessments billed for Model 1 hospitals = 812
The Median Length of Stay was 34.1 hours.

The Average Length of Stay was 62.9 hours:
- 61.9 hours for those discharged to home
- 49.7 hours for those transferred to another facility

Average Consult Elapsed Time (in Queue to Exam Complete) for Model 1 hospitals was 5 hours and 34 minutes.
• 731 ED patients who received telepsychiatry services had an IVC in place during their ED stay.
  – 254 (34.7%) of those patients did not have an IVC in place when discharged.

• Of the ED patients who received telepsychiatry services:
  – 41.6% were discharged to home
  – 49.2% were discharged to another facility
• 22 Community based sites were live as of 12/31/2022.

• There were 1,666 total behavioral health visits.
  – 215 visits with a Psychiatrist.
  – 1436 visits with a behavioral health manager.
  – 12 visits with a Maternal and Fetal Medicine Specialist.
Since project inception in November 2013

<table>
<thead>
<tr>
<th></th>
<th>Since project inception in November 2013</th>
<th>Quarter Jan- Mar 2022</th>
<th>Quarter Apr- Jun 2022</th>
<th>Quarter Jul- Sep 2022</th>
<th>Quarter Oct- Dec 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Patient Encounters</td>
<td>44,060</td>
<td>1,235</td>
<td>1,321</td>
<td>1,302</td>
<td>1,114</td>
</tr>
<tr>
<td>Model 1 Hospital Patient Encounters</td>
<td>26,993</td>
<td>797</td>
<td>869</td>
<td>891</td>
<td>712</td>
</tr>
<tr>
<td>Model 2 Hospital Patient Encounters</td>
<td>17,067</td>
<td>438</td>
<td>452</td>
<td>411</td>
<td>402</td>
</tr>
<tr>
<td>Total Number of Assessments</td>
<td>57,052</td>
<td>1,526</td>
<td>1,559</td>
<td>1,458</td>
<td>1,214</td>
</tr>
</tbody>
</table>
## NC-STeP Benchmarks

<table>
<thead>
<tr>
<th>Goals</th>
<th>Values Reached</th>
<th>Year-to-Date Total with % of the Yearly Target (12/31/2022)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cumulative Target to be reached by (06/30/2023)</td>
<td>Value Reached as of most recent previous quarter (09/30/2022)</td>
<td>Value Reached as of this reporting quarter (12/31/2022)</td>
</tr>
<tr>
<td>Number of IVCs</td>
<td>2,815</td>
<td>890</td>
</tr>
<tr>
<td>Number of IVCs Overturned</td>
<td>1,155</td>
<td>362</td>
</tr>
<tr>
<td>Total Number of Assessments (Billed assessments for Model 1 hospitals + Number of patient encounters for Model 2 hospitals.)</td>
<td>5,025</td>
<td>1,432</td>
</tr>
</tbody>
</table>
NC-STeP Status as of December 31, 2022

Map of Participating NC-STeP Facilities

NC-STeP Medical Facilities
- NC-STeP Hospital Site
- NC-STeP Hospital Site Coming Soon
- NC-STeP Community Site
- NC-STeP Community Site Coming Soon
- NC-STeP University Site
- NC-STeP University Site Coming Soon

MOTHeRS Project
- Live
- In Progress

NC-STeP Counties
- Live
- In Progress
- Neighboring
Number of NC-STeP Patients by Hospital
October - December 2022
Percent of Use by Hospital Oct - Dec 2022
(based on number of encounters)

- *Angel: 8%
- *Blue Ridge: 4%
- *McDowell: 15%
- *Transylvania: 8%
- All Others Combined: 10%
- Outer Banks: 5%
- Iredell: 8%
- Hugh Chatham: 4%
- Halifax: 7%
- Erlanger: 8%
- Duplin: 2%
- Central Harnett: 5%
- Betsy Johnson: 8%
- Albemarle: 8%
- All Others Combined: 10%
Percent of Use for Model 1 Hospitals Oct - Dec 2022
(based on number of encounters)

- Albemarle: 13%
- Betsy Johnson: 13%
- Central Harnett: 8%
- Duplin: 3%
- Erlanger: 12%
- Halifax: 12%
- Hugh Chatham: 6%
- Iredell: 13%
- Lenoir: 3%
- Outer Banks: 7%
- St. Lukes: 2%
- All Others Combined: 9%
Percent of Use by Model 1 Hospital Jan - Dec 2022
(based on number of patient encounters)

- Albemarle 12%
- Betsy Johnson 15%
- Bladen 2%
- Duplin 4%
- Erlanger 11%
- Halifax 7%
- Harnett 6%
- Hugh Chatham 7%
- Iredell 7%
- Lenoir 6%
- Outer Banks 6%
- Rockingham 5%
- All Others Combined 13%
Number of Patients by Provider (Model 1)

Oct-Dec 2022

Jan-Mar 2022

Jul-Sep 2022

Apr-Jun 2022
Number of Patients by Model

**Oct-Dec 2022**
- Model 1: 712
- Model 2: 402

**Jan-Mar 2022**
- Model 1: 770
- Model 2: 438

**Jul-Sep 2022**
- Model 1: 872
- Model 2: 411

**Apr-Jun 2022**
- Model 1: 828
- Model 2: 452
Number of NC-STeP Patients by Model by Quarter
January 2021 - December 2022
Number of patients with a LOS in this category

Median Length of Stay for Oct-Dec 2022 = 34.1 hours

45.3% percent of patients had a LOS of 30 hours or less

28 patients had a LOS longer than 300 hours

Median Length of Stay for Oct-Dec 2022 = 34.1 hours
41% percent of patients had a LOS of 30 hours or less

Number of NC-STeP Patients by LOS Category
Jan - Dec 2022
in hours

Median Length of Stay for Jan-Dec 2022 = 38.4 Hours

170 patients (3.4%) had a LOS longer than 300 hours over the 12 months
Number of NC-STEPI Patients by LOS Category
Oct - Dec 2022

- Median Length of Stay for Oct-Dec 2022 = 34.1 hours

Number of patients with a LOS in this category

28 patients had a LOS longer than 300 hours

Number of NC-STEPI Patients by LOS Category
Jan - Mar 2022

- Median Length of Stay for Jan-Mar 2022 = 42.7 hours

Number of patients with a LOS in this category

32 patients had a LOS longer than 300 hours

Number of NC-STEPI Patients by LOS Category
Jul - Sep 2022

- Median Length of Stay for Jul-Sep 2022 = 39.5 hours

Number of patients with a LOS in this category

45 patients had a LOS longer than 300 hours

Number of NC-STEPI Patients by LOS Category
Apr - Jun 2022

- Median Length of Stay for Apr-Jun 2022 = 35.2 hours

Number of patients with a LOS in this category

26 patients had a LOS longer than 300 hours

45.3% percent of patients had a LOS of 30 hours or less

38% percent of patients had a LOS of 30 hours or less

39% percent of patients had a LOS of 30 hours or less

44% percent of patients had a LOS of 30 hours or less
**Median Length of Stay by Quarter**

(in hours)

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Median Length of Stay (in hours)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-Mar 2020</td>
<td>25.6</td>
</tr>
<tr>
<td>Apr-Jun 2020</td>
<td>24.2</td>
</tr>
<tr>
<td>Jul-Sep 2020</td>
<td>27.3</td>
</tr>
<tr>
<td>Oct-Dec 2020</td>
<td>25.3</td>
</tr>
<tr>
<td>Jan-Mar 2021</td>
<td>27.5</td>
</tr>
<tr>
<td>Apr-Jun 2021</td>
<td>28.5</td>
</tr>
<tr>
<td>Jul-Sep 2021</td>
<td>30.4</td>
</tr>
<tr>
<td>Oct-Dec 2021</td>
<td>31.6</td>
</tr>
<tr>
<td>Jan-Mar 2022</td>
<td>42.5</td>
</tr>
<tr>
<td>Apr-Jun 2022</td>
<td>36.3</td>
</tr>
<tr>
<td>Jul-Sep 2022</td>
<td>39.7</td>
</tr>
<tr>
<td>Oct-Dec 2022</td>
<td>34.1</td>
</tr>
</tbody>
</table>
Average Length of Stay for NC-STeP Patients by Hospital
October - December 2022
(in hours)
Average Length of Stay for NC-STeP Patient by Hospital
January - December 2022
(in hours)
Average LOS by Provider (in hours)

Oct-Dec 2022

Jan-Mar 2022

Jul-Sep 2022

Apr-Jun 2022
Average LOS by Model

Oct-Dec 2022 (in hours)

Jan-Mar 2022 (in hours)

Jul-Sep 2022 (in hours)

Apr-Jun 2022 (in hours)
Average Length of Stay by Quarter for Patients Discharged to Home or Transfer (in hours)

<table>
<thead>
<tr>
<th>Quarter</th>
<th>2020 Home</th>
<th>2020 Transfer</th>
<th>2021* Home</th>
<th>2021* Transfer</th>
<th>2022* Home</th>
<th>2022* Transfer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-Mar</td>
<td>53.2</td>
<td>61.5</td>
<td>69.9</td>
<td>80.5</td>
<td>75.1</td>
<td>70.4</td>
</tr>
<tr>
<td>Apr-Jun</td>
<td>47.4</td>
<td>51.6</td>
<td>64.2</td>
<td>78.8</td>
<td>78.7</td>
<td>83.9</td>
</tr>
<tr>
<td>Jul-Sep</td>
<td>56.8</td>
<td>62.4</td>
<td>70.5</td>
<td>80.5</td>
<td>68.8</td>
<td>78.7</td>
</tr>
<tr>
<td>Oct-Dec</td>
<td>47.8</td>
<td>56.1</td>
<td>68.8</td>
<td>78.8</td>
<td>61.9</td>
<td>49.7</td>
</tr>
</tbody>
</table>

* Denotes significant increase compared to previous year.
Average LOS by Discharge Disposition

**Oct-Dec 2022 (in hours)**

- **AVG - ALL DISPOSITIONS**: 61.9 hours
- **Other**: 138.7 hours
- **Admit**: 149.7 hours
- **Transfer**: 62.9 hours
- **Home**: 49.7 hours

**Jan-Dec 2022 (in hours)**

- **AVG - ALL DISPOSITIONS**: 74.9 hours
- **AMA**: 185.1 hours
- **Other**: 123.3 hours
- **Admit**: 120.3 hours
- **Transfer**: 73.4 hours
- **Home**: 74.9 hours
Consult Elapsed Time: January – December 2022

CBC & ECU
Average Consult Elapsed Time
In Que to Exam Complete
January - December 2022

In Que Wait Time 4:01:40
Exam Elapsed Time 1:44:01
Key Processes and Elapsed Times Averages
CBC and ECU: October – December 2022

- Avg. Time from Queue to Intake Start: 3:49:26
- Avg. Intake Duration: 0:20:22
- Avg. Time From Intake End to Exam Start: 0:47:44
- Avg. Exam Duration: 0:36:32
- Total Duration from Queue to Consulted: 5:34:04
Percent of Patients by Discharge Disposition

**January - December 2019**
- Home: 39%
- Transfer: 34%
- Admit: 5%
- Other: 22%

**January - December 2020**
- Home: 42%
- Transfer: 47%
- Admit: 2%
- Other: 9%

**January - December 2021**
- Home: 47%
- Transfer: 46%
- Admit: 2%
- Other: 4%

**January - December 2022**
- Home: 48%
- Transfer: 45%
- Admit: 2%
- Other: 5%
IVCs – By Release Status

Oct-Dec 2022

Jan-Mar 2022

Jul-Sep 2022

Apr-Jun 2022

- IVCs - percent not released
- IVCs - percent released

ECU
NC-SteP
Statewide Telepsychiatry Program
NORTH CAROLINA
Percent of IVCs Turned Over by Quarter
January 2021 - December 2022

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan-Mar 2021</td>
<td>40.9</td>
</tr>
<tr>
<td>Apr-Jun 2021</td>
<td>40.1</td>
</tr>
<tr>
<td>Jul-Sep 2021</td>
<td>40.5</td>
</tr>
<tr>
<td>Oct-Dec 2021</td>
<td>42.1</td>
</tr>
<tr>
<td>Jan-Mar 2022</td>
<td>45.5</td>
</tr>
<tr>
<td>Apr-Jun 2022</td>
<td>43.0</td>
</tr>
<tr>
<td>Jul-Sep 2022</td>
<td>41.0</td>
</tr>
<tr>
<td>Oct-Dec 2022</td>
<td>34.7</td>
</tr>
</tbody>
</table>
Oct-Dec 2022

Model 1 (42.6% Turnover)
Model 2 (4% Turnover)

Jul-Sep 2022

Model 1 (47.9% Turnover)
Model 2 (3.5% Turnover)

Number of IVCs and IVC Turnovers by Model
Number of IVCs and IVC Turnovers by Provider

Oct-Dec 2022

CBC (44.6% Turnover)  
ECU (38.4% Turnover)

Jul-Sep 2022

CBC (46.5% Turnover)  
ECU (50.6% Turnover)
Satisfaction Surveys

• Satisfaction surveys are done twice a year.
• Satisfaction surveys were not done during this last quarter.
• Most recent surveys were conducted in August of 2022
  • 52 individuals responded to the survey (N = 52).
• The overall satisfaction rate was 81%.
NC-STeP Charge Mix - Project to Date
Service Dates: October 1, 2013 – December 31, 2022

- Self-Pay, 33%
- Blue Shield, 7%
- Other, 5%
- Medicare, 17%
- LME/MCO's, 22%
- Medicaid, 7%
- LME/IPRS, 3%
- Commercial, 6%
- Blue Shield, 7%
### Community-Based Sites as of December 31, 2022

<table>
<thead>
<tr>
<th>EVALUATION CRITERIA</th>
<th>VALUES/MEASURES REACHED AS OF 12/31/2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. The number of full-time equivalent (FTE) providers supporting the program</td>
<td>1.5 FTEs</td>
</tr>
<tr>
<td>2. The number of community-based sites contracted</td>
<td>22</td>
</tr>
<tr>
<td>3. Number of patient visits with medical (psychiatric) doctor</td>
<td>215</td>
</tr>
<tr>
<td></td>
<td>PTD= 1,692</td>
</tr>
<tr>
<td>4. The number return visits</td>
<td>1,204</td>
</tr>
<tr>
<td></td>
<td>PTD= 12,281</td>
</tr>
<tr>
<td>5. The number of patient visits with a mid-level provider</td>
<td>1,436</td>
</tr>
<tr>
<td></td>
<td>PTD= 14,022</td>
</tr>
<tr>
<td>6. The number of new patient visits</td>
<td>462</td>
</tr>
<tr>
<td></td>
<td>PTD= 3,498</td>
</tr>
</tbody>
</table>
## NC-STeP Community Patient Visits

<table>
<thead>
<tr>
<th>Patient Visits</th>
<th>Since project inception in October 2018</th>
<th>During Calendar Year 2018</th>
<th>During Calendar Year 2019</th>
<th>During Calendar Year 2020</th>
<th>During Calendar Year 2021</th>
<th>During Quarter Jan- Mar 2022</th>
<th>During Quarter Apr- Jun 2022</th>
<th>During Quarter Jul- Sep 2022</th>
<th>During Quarter Oct- Dec 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>With Medical Doctor</td>
<td>1,692</td>
<td>8</td>
<td>536</td>
<td>265</td>
<td>316</td>
<td>103</td>
<td>98</td>
<td>151</td>
<td>215</td>
</tr>
<tr>
<td>With Mid-Level Provider</td>
<td>14,022</td>
<td>7</td>
<td>2,006</td>
<td>3,217</td>
<td>4,122</td>
<td>1,036</td>
<td>986</td>
<td>1,212</td>
<td>1,436</td>
</tr>
<tr>
<td>Total Patient Visits</td>
<td>15,818</td>
<td>15</td>
<td>2,633</td>
<td>3,477</td>
<td>4,440</td>
<td>1,139*</td>
<td>1,085</td>
<td>1,363</td>
<td>1,666**</td>
</tr>
</tbody>
</table>

* 1 visit did not specify provider type
** 15 visits did not specify provider type

Since project inception there are 109 visits that listed no provider and 5 visits that listed both a mid-level and a doctor.
## NC-Step Appointment by Site

### Appointments, Visits Kept, Rescheduled, Cancelled, No Show

**October - December 2022**

<table>
<thead>
<tr>
<th>Location</th>
<th>Total Apts</th>
<th>Apts Kept</th>
<th>Apts Rescheduled</th>
<th>Apts Cancelled</th>
<th>Apts No Show</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beaufort</td>
<td>232</td>
<td>146</td>
<td>26</td>
<td>13</td>
<td>47</td>
</tr>
<tr>
<td>Benson</td>
<td>258</td>
<td>182</td>
<td>28</td>
<td>26</td>
<td>21</td>
</tr>
<tr>
<td>Bertie</td>
<td>151</td>
<td>99</td>
<td>41</td>
<td>13</td>
<td>21</td>
</tr>
<tr>
<td>Camden</td>
<td>255</td>
<td>142</td>
<td>37</td>
<td>5</td>
<td>20</td>
</tr>
<tr>
<td>Carteret</td>
<td>43</td>
<td>30</td>
<td>4</td>
<td>1</td>
<td>11</td>
</tr>
<tr>
<td>Chowan</td>
<td>129</td>
<td>81</td>
<td>42</td>
<td>13</td>
<td>39</td>
</tr>
<tr>
<td>Craven</td>
<td>255</td>
<td>186</td>
<td>48</td>
<td>5</td>
<td>47</td>
</tr>
<tr>
<td>Currituck</td>
<td>90</td>
<td>48</td>
<td>33</td>
<td>1</td>
<td>9</td>
</tr>
<tr>
<td>Duplin</td>
<td>64</td>
<td>49</td>
<td>33</td>
<td>1</td>
<td>8</td>
</tr>
<tr>
<td>Erlicher-Clay</td>
<td>46</td>
<td>42</td>
<td>1</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Gates</td>
<td>3</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>Hertford</td>
<td>42</td>
<td>26</td>
<td>1</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>Hyde</td>
<td>247</td>
<td>125</td>
<td>3</td>
<td>1</td>
<td>1</td>
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<tr>
<td>Kinston</td>
<td>605</td>
<td>371</td>
<td>17</td>
<td>3</td>
<td>1</td>
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<tr>
<td>MTW</td>
<td>19</td>
<td>14</td>
<td>1</td>
<td>1</td>
<td>7</td>
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<tr>
<td>Pasquotank</td>
<td>39</td>
<td>17</td>
<td>4</td>
<td>3</td>
<td>11</td>
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<tr>
<td>Perquimans</td>
<td>62</td>
<td>32</td>
<td>8</td>
<td>4</td>
<td>11</td>
</tr>
<tr>
<td>Vidant Edenton</td>
<td>45</td>
<td>28</td>
<td>3</td>
<td>2</td>
<td>6</td>
</tr>
<tr>
<td>Vidant Kinstonville</td>
<td>74</td>
<td>47</td>
<td>11</td>
<td>3</td>
<td>24</td>
</tr>
<tr>
<td>Roanoke Rapids</td>
<td>36</td>
<td>24</td>
<td>2</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td>Outer Banks</td>
<td>57</td>
<td>2</td>
<td>5</td>
<td>2</td>
<td>15</td>
</tr>
</tbody>
</table>

*Note: The chart illustrates the number of appointments, visits kept, rescheduled, cancelled, and no show by site for the specified period.*

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**Total Apts:** 232
**Apts Kept:** 146
**Apts Rescheduled:** 26
**Apts Cancelled:** 13
**Apts No Show:** 47

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**Additional Notes:**
- The data covers the period from October to December 2022.
- The chart breaks down the data by county and appointment status.
<table>
<thead>
<tr>
<th>Location</th>
<th>Psychiatric Provider Visits</th>
<th>BH Mgr Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beaufort</td>
<td>3</td>
<td>143</td>
</tr>
<tr>
<td>Benson</td>
<td>41</td>
<td>141</td>
</tr>
<tr>
<td>Bertie</td>
<td>35</td>
<td>99</td>
</tr>
<tr>
<td>Camden</td>
<td>11</td>
<td>107</td>
</tr>
<tr>
<td>Carteret</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>Cherokee</td>
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<td>81</td>
</tr>
<tr>
<td>Chocowinity</td>
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</tr>
<tr>
<td>Chowan</td>
<td></td>
<td>48</td>
</tr>
<tr>
<td>Craven</td>
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<td>40</td>
</tr>
<tr>
<td>Currituck</td>
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<td>10</td>
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<td>Roanoke Rapids</td>
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<tr>
<td>Outer Banks</td>
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NC-Step Community Visits by Site by Provider Type
October - December 2022

Psychiatric Provider Visits
BH Mgr Visits
NC-Step Community Visits by Site by Provider Type
January - December 2022

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<th>Location</th>
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Psychiatric Provider Visits | BH Mgr Visits
NC-STeP Community Visits by Site
New and Follow-Up
October - December 2022

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<th>Site</th>
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<th>Follow up Visits</th>
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<tr>
<td>Outer Banks</td>
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<td></td>
</tr>
</tbody>
</table>

Legend:
- Blue: New Visits
- Red: Follow up Visits
NC-STeP Community Visits by Site
New and Follow-Up
January - December 2022

New Visits
Follow up Visits


New Visits: 92   141  17   188  35   73   14   150  16   47   44   59   1   14   84   1   218   6   70   30   35
Follow up Visits: 295  193  266  409  25  302  191  435  183  179  56  40  1  64  169  18  1002  22  40  13  12
• 38 hospitals in the network. 37 live.
• 57,052 total psychiatry assessments since program inception
• 9,419 IVCs overturned
  – Cumulative return on investment = $50,862,000
    (savings from preventing unnecessary hospitalizations)
• Four Clinical Provider Hubs with 59 consultant providers
• Over 32% of the patients served had no insurance coverage
22 community-based sites.

15,714 total patient visits since program inception in October 2018.

- 1,692 total patient visits with a psychiatrist
- 14,022 total patient visits with a mid-level provider
Sy Atezaz Saeed, MD, MS, FACPsych
Professor and Chair Emeritus
Department of Psychiatry and Behavioral Medicine
Brody School of Medicine | East Carolina University

Executive Director
North Carolina Statewide Telepsychiatry Program (NC-STeP)

Phone: 252.744.2660 | e-mail: saeeds@ecu.edu
Website: http://www.ecu.edu/psychiatry
Mail: 600 Moye Boulevard, Suite 4E-65, Greenville, NC 27834
NC-STeP Advisory Council Meeting
Wednesday, March 1, 2023
10:30 am – 12:00 pm
Virtual Meeting via Zoom Video Conference

Agenda

10:30- 10:40 a.m. Welcome and Introductions

10:40- 10:45 a.m. Review and Approval of December 14, 2022 Minutes

10:45- 11:45 a.m. NC-STeP FY23-Q2 (Oct-Dec) Performance Data

11:45- 11:50 a.m. Old Business

11:50- 11:55 a.m. New Business

11:55- 12:00 p.m. Announcements
  • NC-STeP Pediatric Program launch
  • Vermont/ NC-STeP Collaboration
  • NC-STeP Presentations at the Annual Meetings of ATA and APA
  • MOTHERS Project update and presentation at the NC Rural Summit

12:00 p.m. Adjourn
Caring for the Mental Health and Wellbeing of Children: Using Telepsychiatry to Enhance Access to Care and Promote Well-Being

A new grant-funded service soon will be offered by the North Carolina Statewide Telepsychiatry Program (NC-STeP)* to provide mental health services for children and adolescents in six selected pediatric/primary care practices in Tier 1 or Tier 2 counties in North Carolina. And we are seeking practice partners.
GRANT EXPANDS NC-STeP

ECU will provide mental health services for youth with $3.2 million United Health Foundation grant

PUBLISHED FEB 14, 2023 BY PATRICIA EARNHARDT TYNDALE
VT/NC Collaboration

Vermont is emulating the NC Statewide Telepsychiatry Program (NC-STeP) to increase timely psychiatric care via telehealth in the emergency department setting in rural areas of our state. VPQHC is excited to be mentored by Dr. Sy Saeed and the NC-STeP team as we design and implement a new statewide system to address currently unmet mental health needs. We are grateful to the NC-STeP team for their invaluable technical assistance and support as we begin scaling up the telepsychiatry network operations through our first two demonstration projects. We look forward to our continued collaboration and future success.

NC-STeP

https://ncstep.ecu.edu/

February 10, 2023
NC-StEP Upcoming 2023 Presentations

Healthcare Beyond Your ZIP code: Increasing Access to Telehealth Solutions in Rural Areas
Afternoon Breakout Session
Room 305 A&B

Dr. John Graham
President
North Carolina Telehealth Network Association

Dr. Sy Saeed
Professor and Chair Emeritus; Director Center for Telepsychiatry
ECU Brody School of Medicine, Center for Telepsychiatry and e-Behavioral Health

Dr. Lisa Shock
Chief Population Health Officer
NC United Healthcare

NC-StEP
Statewide Telepsychiatry Program